



Wrestling Association of the Philippines



Technical Guidelines

- The Wrestling portion of the event shall showcase Freestyle Wrestling Women, open to all from Kids Division and onwards.
- Events per Age Group.

We shall have six (6) age groups for the wrestling event. These are:

- Kids 1 – 10 to 11 years old
- Kids 2 – 12 to 13 years old
- Schoolgirls – 14 to 15 years old
- Cadets – 16 to 17 years old
- Juniors – 18 to 20 years old
- Senior – 20 years old and upward

- Weight Division
The weight division for the following Age group.

KIDS 1 (10 – 11 years old)
Freestyle Wrestling
Girls

- 26 kg
- 28 kg
- 30 kg
- 32 kg
- 34 kg
- 37 kg
- 40 kg
- 44 kg
- 48 kg
- 52 kg

KIDS 2 (12 – 13 years old)
Freestyle Wrestling
Girls

- 26 kg
- 28 kg
- 30 kg
- 32 kg
- 34 kg
- 37 kg
- 40 kg
- 44 kg
- 48 kg
- 52 kg