



## 6<sup>th</sup> WOMEN'S MARTIAL ARTS FESTIVAL



# ARNIS – ESKRIMA

### I. REGISTRATION

All participants are required to fill out the official entry forms

1. Individual Athlete Entry Form and Waiver
2. Official Team Entry Forms

### II. QUALIFICATION

1. Participants must be endorsed/ approved by PEKAF. Application shall be coursed through the ORGCOM (Organizing Committee).
2. Each Team may field in a maximum of Two (2) entries per category.
3. A participant can only enter a maximum of two (2) Events. Including individual and Team events.

Note: Participant with more than 2 entries for individual events is not allowed and will be disqualified.

### III. EVENTS

#### A. FORMS/ SAYAW/ ANYO COMPETITION

JUNIOR DIVISION GIRLS (15-17 yrs old)		
Individual Girls	Single Weapon	Open
Individual Girls	Double Weapon	Open

WOMEN'S DIVISION (18-39 yrs old)		
Individual Women	Single Weapon	Open
Individual Women	Double Weapon	Open

## B. SPARING COMPETITION

### 1. PADDED STICK (POINT)

JUNIOR GIRLS (15 - 17 yrs old)	
CATEGORY	GIRLS
1. Minimum weight	46 kg & below
2. Light weight	- 53 kg
3. Middle weight	- 60g
4. Heavy weight	60 kg & above

WOMEN'S DIVISION		
5	Bantam weight	-46
6	Feather weight	-49
7	Light weight	-53
8	Welter weight	-58
9	Middle weight	-64
10	Light Heavy weight	-71
11	Heavy weight	-80
12	Super Heavy weight	80 and above

### 2. LIVE STICK (COUNTINUOUS)

JUNIOR GIRLS (15 - 17 yrs old)	
CATEGORY	GIRLS
1. Minimum weight	46 kg & below
2. Light weight	- 53 kg
3. Middle weight	- 60g
4. Heavy weight	60 kg & above

WOMEN'S DIVISION		
3	Bantam weight	-46
4	Feather weight	-49
5	Light weight	-53
6	Welter weight	-58
7	Middle weight	-64
8	Light Heavy weight	-71
9	Heavy weight	-80
10	Super Heavy weight	80 and above

## IV. GROUND RULES:

### a. Forms Competition

- Method of Competition – order of performance/ single elimination

- Length – Minimum of 1 minute and Maximum of 2 minutes
  - Scoring – Lowest of 5 and highest of 10. Increments of .1
  - Penalties – deduction of .5 for disarm, line violation, time violation, starting over
- b. Padded/ Point Sparring
- Method of Competition – blind matching/ single elimination
  - Length – 2 min. 1 round
  - Scoring – 1 hit - 1 score (First to score gains advantage point)
- c. Live/ Continuous Sparring
- Method of Competition – blind matching/ single elimination
  - Length – 3 rounds (1 min each round)
  - Scoring – 10 point must system.
  - Penalties – disarms and other violations/ fouls – 1 point deduction
- d. **No. of Competitors:**  
**Team** may field a maximum of **2 entries** per event  
 Every **Participant** may enter a total of **2 entries**  
**(Forms competition included)**
- e. **Competition Area**  
 Court: 10 x 10 mts (max area)  
 8 x 8 mts (min area)
- f. **Weigh-In:** Weigh-in shall be conducted one day prior to the competition. A preliminary weigh-in shall be allowed before the official and final weigh-in.
- g. **Coaches:** Only one coach per players shall be allowed in the coach's chair during the matches.
- h. **Competition Codes of Conduct:** The PEKAF Competition Codes of Conduct shall be strictly enforced.
- i. **Competition Rules:**  
 For all other matters not provided for in these ground rules, the current PEKAF Competition Rules in accordance with WEKAF shall apply.
- j. **Competition Uniform:** Participants shall wear their Team Uniform or Attire. (Shorts and sleeveless shirts are not allowed)
- k. **Competition Equipment:** Only equipments approved by PEKAF Tournament Committee shall be used.
- l. **Coaches' Attire:** Coaches shall wear the proper attire during the competition. Shorts and slippers are not allowed.

Prepared by:

  
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 Competition Manager