

2019 Women's Martial Arts Festival
TAEKWONDO EVENT
Harrison Plaza, Manila
May 28-30, 2019

I. SCHEDULE OF ACTIVITIES

May 1-20		Registration Period
May 20 (Monday)	8:00 PM	Deadline of Entries (thru email)
May 27-28	2:00 pm - 7:00 PM	Weigh in (PTA Central Gym)
May 28 (Tuesday)	10:00 AM 2:00 pm - 7:00 PM	Opening Ceremony (Harrison Plaza) Weight Verification for Provincial Teams (PTA Central Gym)
May 29 (Wednesday)	8:30 – 9:30 AM 10:00 AM onwards	Roll Call of Players 1 st Day of Competition until Awarding
May 30 (Thursday)	8:30 – 9:30 AM 10:00 AM onwards	Roll Call of Players 2 nd Day of Competition until Awarding

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| <ol style="list-style-type: none">1. All instructors are required to submit a Masterlist of Players to the organizing committee using the official form provided. <u>ONLY OFFICIAL FORMS SHALL BE ACCEPTED.</u>2. <u>ALL teams</u> must send their entries through email ptacompetitions@gmail.com and philtkd@gmail.com on or before May 20, 2019.3. All NCR players must personally weigh-in <u>“No Weigh-in, No play”</u>4. <u>PLAYERS WHO DO NOT MEET THEIR SUBMITTED WEIGHT SHALL BE DISQUALIFIED.</u>5. Strictly no new applications will be accepted on competition day. |
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II. QUALIFICATIONS FOR PARTICIPATION

1. This competition is open to all female players of affiliated clubs, gyms, and schools in good standing with the Philippine Taekwondo Association.
2. KYORUGI - Only players in the **advanced division** may join this competition.
*** Kyorugi players are not allow to participate in Poomsae event
3. POOMSAE – Only **blackbelts** are allowed to join the competition.
*** Poomsae players are not allow to participate in Kyorugi event
4. Contestants shall represent their affiliated club, gym, school or municipality.
5. Age requirement - Shall be based on the **YEAR OF BIRTH.**
 - a. **Senior Division:** players who are 18 years old and above
 - b. **Junior Division:** players who are 15-17 years old
 - c. **Cadet Division:** players who are 12-14 years old

III. **REGISTRATION REQUIREMENTS**

1. Only Official Competition Forms provided in the ground rules will be accepted.
2. Instructors must submit a Masterlist of Players (see attached form).
3. All participants must submit a duly accomplished Registration Form and Waiver.
4. Contestants must present their NCC ID during registration and weigh in.
5. NO Registration Fee required.

IV. **WEIGH-IN**

1. ***Deputized Weigh-in Officials:*** Only Deputized Weigh-in Officials are allowed to weigh-in participants for all PTA organized competitions. All documents shall be properly stamped or signed by the deputized weigh-in official and shall be accepted as final (no verification required). *Errors made by the Deputized Weigh-in Official due to neglect or non-compliance to the agreed procedures shall be grounds for the removal of authority to conduct weigh-in.*
2. ***Weighing Scales:*** Only official calibrated weighing scales shall be used for all weigh-in. (All weighing scales must be calibrated prior to weigh-in)
3. ***Weigh-in Attire:*** The players' attire during weigh-in shall be shirt with shorts, jogging pants or dobok pants. Footwear, socks, and jewelry shall be removed prior to weigh-in
4. ***Pre Weigh-in:*** The organizing committee shall provide a pre weigh-in set-up at the official weigh-in venue where players can check their weight prior to final weigh-in.
5. ***Final Weigh-In:***
 - a. Where there is a pre-weigh-in set-up, players may only weigh-in once for the final weigh-in. *In the absence of a pre weigh-in set-up, players will be given only two chances to weigh-in.*
 - b. OFFICIAL WEIGHT LIMITS WILL BE STRICTLY FOLLOWED.
NO ALLOWANCES WILL BE GIVEN.
7. ***Fighting Weight of Competitors:***

For all PTA organized individual competitions, the following shall apply:

 - a. A player must compete in the weight category registered in the final weigh-in.
 - b. Players will not be allowed to compete in categories other than what was registered in the final weigh-in (Ex: Fin weight competing in Fly weight) except when categories are merged as decided on by the organizing committee.

V. DIVISIONS AND CATEGORIES

KYORUGI

SENIOR DIVISION (18yrs old and older)

CATEGORY	JUNIOR WOMEN'S DIVISION
1. Fin	46 kg. And below
2. Fly	Over 46 - 49 kg.
3. Bantam	Over 49 - 53 kg.
4. Feather	Over 53 - 57 kg.
5. Light	Over 57 - 62 kg.
6. Welter	Over 62 - 67 kg.
7. Middle	Over 67 - 73 kg.
8. Heavy	Over 73 kg.

JUNIOR DIVISION (15-17yrs old)

CATEGORY	JUNIOR WOMEN'S DIVISION
1. Fin	Not exceeding 42 kg.
2. Fly	Over 42 kg. to 44 kg.
3. Bantam	Over 44 kg. to 46 kg.
4. Feather	Over 46 kg. to 49 kg.
5. Light	Over 49 kg. to 52 kg.
6. Welter	Over 52 kg. to 55 kg.
7. Lt. Middle	Over 55 kg. to 59 kg.
8. Middle	Over 59 kg. to 63 kg.
9. Lt. Heavy	Over 63 kg. to 68 kg.
10. Heavy	Over 68 kg.

CADET DIVISION (12-14yrs old)

CATEGORY	CADET FEMALE DIVISION
1. Fin	Not exceeding 29 kg
2. Fly	Over 29 kg to 33 kg
3. Bantam	Over 33 kg to 37 kg
4. Feather	Over 37 kg to 41 kg
5. Light	Over 41 kg to 44 kg
6. Welter	Over 44 kg to 47 kg
7. Lt. Middle	Over 47 kg to 51 kg
8. Middle	Over 51 kg to 55 kg
9. Lt. Heavy	Over 55 kg to 59 kg
10. Heavy	Over 59

POOMSAE

	CATEGORY	ELIMINATIONS	FINALS
INDIVIDUAL	Cadet Girls (12-14 years old)	Taegeuk 6	Taegeuk 8 / Koryo
	Junior Female (15 to 17 years old)	Taegeuk 5	Koryo / Taeback
	Senior Female (18 years old and older)	Taegeuk 7	Taegeuk 8 / Taeback
TEAM	Cadet Team 3 Players (12 -14 years old)	Taegeuk 6	Taegeuk 8 / Koryo
	Junior Team 3 Players (15 to 17 years old)	Taegeuk 5	Koryo / Taeback
	Senior Team 3 Players (18 years old and older)	Taegeuk 7	Taegeuk 8 / Taeback

VI. METHOD OF COMPETITION for KYORUGI

KYORUGI

1. The competition shall be individual, single elimination.
2. In case more than one player of a chapter are in the same category, these players will not meet in the first match unless a "bye" is drawn by one player (a "bye" is considered a match win).
3. In case there are less than 4 participants in a category, this category may be merged with adjacent categories.

POOMSAE

The cut-off system shall be applied in this competition. It shall comprise of Elimination and Final rounds:

1. **Eliminations:** Contestants shall perform the required poomsae for the elimination round and the top four (4) participants shall be selected for the finals based on their points.
2. **Finals:** Contestants shall perform the required poomsae for the final round and shall be ranked and awarded their respective medals.

VII. SCORING SYSTEM

KYORUGI

1. The following scoring system shall be observed:
 - a. Body kick – 2 point
 - b. Turning kick to the body – 4 points
 - c. Head kick – 3 points
 - d. Turning kick to the head – 5 points
 - e. Punch to the body - 1 point
2. PSS or electronic scoring system will be used in this competition
3. Twenty-point gap shall be implemented on the second round.
4. Players must provide their own sensing socks.

POOMSAE

1. Accuracy (4.0)
 - a. 0.1 point shall be deducted each time a contestant does not perform the basic movements or the pertinent Poomsae accurately.
 - b. 0.3 points shall be deducted each time a contestant makes a major mistake.
2. Presentation (6.0)
 - a. Speed and power 2.0
 - b. Control of power, speed and rhythm 2.0
 - c. Expression of energy 2.0

VIII. AWARDS

First Place	:	Gold medal + certificate
Second Place	:	Silver medal + certificate
Third Place (2)	:	Bronze medal + certificates

IX. GENERAL PROVISIONS

1. The PTA Competition Codes of Conduct shall be strictly enforced.
2. The latest resolutions on competition management, rules and regulations made during the PTA Technical Directors meeting shall be enforced.
3. For all other matters not provided for in these ground rules, the latest revision of the WT Competition Rules and Interpretation shall apply.
4. Uniforms and Equipment: All contestants shall use only PTA accredited Taekwondo competition uniform (kyorugi and poomsae dobok) and equipment.
5. All players shall provide their own E-foot protectors (sensing socks), arm & shin guards, groin guard, hand gloves, and transparent or white mouth guard.
6. Coaches: No slippers or sandals, caps, sleeveless shirts, tattered pants will be allowed.
7. TBB / TBS: Participating TBB / TBS shall compete in the senior division.
8. Referees: Only National and Regional Referees who have passed the course for the current rules shall serve during the competition.

X. **COORDINATING CENTER and CONTACT NUMBERS**

Coordinating Center:

Philippine Taekwondo Association Central Gymnasium

Rizal Memorial Sports Complex, Pablo Ocampo Sr. St., Malate, Manila

Tel No: 522-0518 or 522-0519

Fax No: 522-5450

Email: philtkd@gmail.com AND ptacompetitions@gmail.com

Contact Person and Contact Number:

Comp. Manager (Kyorugi): Sugar Catalan 0917-104-0934

Comp. Manager (Poomsae): Rani Ortega 0916-497-9088